

The seventeenth magazine of the TV series "Step by Step"

The 17th magazine of the TV series "Step by Step" deals with the health protection by opting for better way of living.

The first story comes from Belgrade

Zoran Rudonic and Petar Andjelovic are former smokers. As having smoking for years, when their health was put at serious risk, they have decided to quit and seek help at the Municipal Office for Pulmonary Diseases, where a school for quitting smoking has been operating for nine years.

The second story is from Vranje

Every Thursday, at the club of the Advisory Center for addictions "Most" (the Bridge), young people gather, the ones who have undergone the therapy and are now in abstinence, as well as those with alcohol, drug or gambling dependence and are just starting the treatment. The key of the success is the group family therapy combined with the activities that stimulate the change of the way of living.

The third story is from Kragujevac

At schools, on streets and squares, the Jazas Youth volunteers fulfill their mission – prevention of HIV and other sexually transmitted infections. They also organize free HIV testing and help prevention of spreading of viruses and diseases among IV drug abusers, as well as sex workers.